



First
Sunday of
Advent
November
29, 2020

MARK'S JESUS

Mark's Gospel is the shortest and tersest of all four. The discourses of Jesus tend to be terser as well. Mark's portrayal of Jesus has none of the poetry of the Sermon on the Mount or the Sermon on the Plain as in Matthew or Luke, nor the extensive, reflective "I Am" discourses as in John. Mark's Jesus "cuts to the chase," we would say today. This is reflected quite well in today's passage.

It is no accident that the dialogue of Jesus at this point in the Gospel according to Mark—the concluding words about the end of the world—immediately before his passion, is riddled with exclamation points and an overall sense of urgency.

We would do well to re-tool our own way of living this Advent, for we live in a world urgently in need of hearing the message of Jesus proclaimed. It's time for us to "wake up!" and get out into the world to do it.

SACRED HEART PARISH MISSION STATEMENT

We are a diverse, multi-cultural Roman Catholic Parish.

Relying on the guidance of the Holy Spirit,

we endeavor to build the kingdom of God through

liturgy, prayer, education and outreach to those in need.

We come together as a faith community to celebrate life's joys and sorrows and minister to all who come to us.



Prayers for Strength and Healing If you wish to add someone to the prayer concerns for the sick, please gain permission from the patient *before* calling the Parish Office. Thank you.

Please remember in your prayers, the sick and their caregivers:

María Guerrero, Alicia Prieto, Dcn. Jack Bullen, Bea Lambdin, Barbara Bullen, Glenda Parker, Ferrell Shatswell, Doug Bauman & Family, Bill Pierce, Anakona Pierce, Kolton Kafader, Trisha Andrews, Carol Underwood, Donna Schoelen, Clare Carbonell, Dottie Hackson, Mark Preston, Cindy McDonald, Justine McDonald, Jim Logan, Diamond Family, Rebecca Anderson, Dave Klingforth, Peggy Kinner Dawson, Johnny T. Seyssel, Maria Martinez, Cadence Bonham, Sam Ranberg, Cee Dempsey, Cynthia Loeffler, Amelia Preston, Jane Shea, Andrew Spanfelner, Ralph Neyes, Don Hargreanes, Conway Halas, Sabrina Baker, Jim Maki, Eric Casey, Braxten Bjorn Roe, Pat Davies, Frank McCaughey, Steven Barker, Blake Payton, Jim & Carol Osted, Tom Amundson, Keith Staton, Scott Gadbois, Cully & Ruth Dodds, Kathleen Figuerido, Lupe Green, Laura Fletcher, Carter Duaran, Tommy Pagdilao, Peggy Salazar, Ernie King, Candy Harman, Maria Lucero, Judy Morris, Manuel Casados, Carolyn Gilbert, Patrick Froome, Guillermo Sandoval, Tom Steffen, Jackson Campbell, Paulette Goble, Laura Angelo, Louisa Barber, Collins Scott, Heather Beeman, James Casados, Anne Owens, Floyd Casados, Richard Reiner, Steve Thomas, Rick Tamagni, Krista Parsons, Teresa Valenzuela, Ron Crivelli, Jill Angliss, Mark Spanfelner, Aniya Thompson, Melissa Hernandez, David Miley, the Hernandez Family, John Parsons, and Christa Parsons.

PLENARY INDULGENCE DURING NOVEMBER

Christ won saving grace for us on the cross. That grace is given to His Church as a treasury. It comes to us through the Sacraments, the Scriptures, priest blessings, etc. Another way is through an indulgence, which is the remission of the temporal punishment due to sin. When I sin, Christ forgives me in Confession, but I am still responsible in justice to pay for the damage I've done. That's called temporal punishment. An indulgence takes that away. It is not a game for those who want some kind of freebie. It's for people who already love the Lord and are striving for holiness.

Due to Covid, our Holy Father has made it possible for us to receive an Indulgence on any day in November. Our Father would want us to devoutly visit a Church, pray the Our Father, the Creed, and for the Pope's intentions, and to go to confession and communion the week before or after that day.

For the homebound the conditions are to unite yourself spiritually to the members of the faithful while being detached from sin, to have the intention of confession and communion even though you can't go, pray for the Pope's intentions and spend time offering another form of prayer ideally before an image of Jesus or Mary.

We thank our Holy Father for making these graces available to us during these difficult times.

Peace, Fr. Chuck

Holy Father's Intentions for the Month of November:

Artificial Intelligence

We pray that the progress of robotics and artificial intelligence may always serve humankind.

Mass Schedule / Intentions

Week of Nov 28 – Dec 6

Sat	5:15 PM	† Patricia Bleeker
	7:00 PM	
Sun:	10:00 AM	Pro Populo
	12:00 PM	
Mon	2:00 PM	All Souls
Tues:	12:00 PM	All Souls
Wed:	5:00 PM	All Souls
Thurs:	9:00 AM	All Souls
Fri:		No Mass
Sat:	5:15 PM	† Bryan Alvares
	7:00 PM	
Sun:	10:00 AM	† Floyd Milnes
	12:00 PM	Pro Populo

Rosary for November:

~ For the faithfully departed ~

Feast Days and Readings for the Week

Monday:	Rom 10:9-18; Ps 19:8-11; Mt 4:18-22
Tuesday:	Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Lk 10:21-24
Wednesday:	Is 25:6-10a; Ps 23:1-6; Mt 15:29-37
Thursday:	Is 26:1-6; Ps 118:1, 8-9, 19-21, 25-27a; Mt 7:21, 24-27
Friday:	Is 29:17-24; Ps 27:1, 4, 13-14; Mt 9:27-31
Saturday:	Is 30:19-21, 23-26; Ps 147:1-6; Mt 9:35 — 10:1, 5a, 6-8
Sunday:	Is 40:1-5, 9-11; Ps 85:9-14; 2 Pt 3:8-14; Mk 1:1-8

Sat:
Sun:
Mon: 7:00 PM Spanish Baptism Class – David's Rm

Tues:
Wed:
Thurs:
Fri:
Sat:
Sun:

BAPTISM CLASS: Parents and Godparents of children to be baptized are required to take an Adults-only Baptism Preparation Class. You are encouraged to take the class before the child is born. The Spanish class is usually held on the last Monday of the month at 7 PM in David's Rm. The class in English is usually held the first Tuesday of every month at 7 PM in David's Room. Please call the office to register, and to confirm the class date, 527 - 1351.

BULLETIN ANNOUNCEMENTS & Concerns: Emeli Hernandez; emeli.hernandez@sacredheartredbluff.org

LAY MINISTRY: Breanna Farmer; breanna.farmer@sacredheartredbluff.org

KNIGHTS OF COLUMBUS: John Reineman, Grand Knight, 530-945-1348.

MEN OF SACRED HEART: sacredheartone@gmail.com, phone: 722-6694

PARISH OFFICE: 10 AM to 4 PM, Mon-Thru, 2355 Monroe Ave., 527 – 1351; Fax 529 - 2586.

RCIA: (Rite of Christian Initiation of Adults): For persons wanting to know more about the Catholic faith please call 527 - 1351.

RESPECT LIFE MINISTRY: Margie Duey, 586-1506

GABRIEL PROJECT: Linda Rose, 527-3608

SACRED HEART PARISH E-MAIL:
SacredHeartRedBluff@outlook.com

SACRED HEART PARISH WEBSITE:
www.sacredheartredbluff.org.

WOMEN'S GUILD: Sandi Kramer, President, 527-8900.

NEW PARISHIONERS, OR IF YOU ARE NOT RECEIVING

CONTRIBUTION ENVELOPES: Please call the Parish Office at 527 – 1351

CFE

During the month of December, there will not be a class for English and Spanish. In January, Classes will resume alternating English and Spanish on Wednesdays throughout the year.

Weekend Masses:

Sunday Masses are held in the Parish Hall parking lot using the so-called "drive-in" protocol. We all remain inside our vehicles. Live Mass is from the portico of the Parish Hall and locally broadcast -- on the Parish Hall campus only -- via our vehicles' FM radio.

Gates to the Parking Lot open at 9:30 am. English language Mass is at 10 am and Misa en español is at Noon.

Weekend Mass schedule

Our weekend Mass schedule follows:

Saturday:

3:30-5:00pm Confessions at the Rectory Porch

Sunday:

10:00 am English

12:00 pm Spanish at the Parish Hall

**Saturday Mass will be recorded to be viewed on Sunday. To watch the Mass please see the Sacred Heart Parish Website. **

Working on the Margins

Thank you for your generous support last week for the collection for the Catholic Campaign for Human Development! If you missed the collect, it's not too late to Give! Visit

www.usccb.org/nationalcollections.

Advent to Christmas

December 05, 2020 9:00 am – 11:00 am

An Advent retreat for religious education catechetical teams join Fr. Raj Derivera, December 5th for a journey from Advent to Christmas. Fr. Raj will talk us through the preparation, the message, and the miracle of this joyous journey. This virtual retreat is free of cost. Zoom link: <https://zoom.us/j/97319160047>
Questions? Renae Magana (916)733-0131 rmagana@scd.org

Expedition - Bringing the Mountain Top Retreat Experience Home

Join us on December 07, 2020, 7:00pm – 8:30pm FREE EVENT
The Office of Youth and Young Adult Ministry invites all DREs, Confirmation Catechists, Youth Ministry Coordinators to attend and explore together how to do retreats during this time of staying at home! Together we will see different models to host and ideas on how to provide youth retreats for your ministry. Register here: <https://www.scd.org/expedition>
For more information contact Alex Barraza abarraza@scd.org

Support your Parish

The communities rely on continued weekly offertory to support their daily ministry. During this challenging time in the life of the Church, please consider supporting your parish with a one-time or automatically-recurring online donation. <https://www.scd.org/catholic-foundation/support-your-parish>. If you would like to mail a donation, the address to send it to is 2355 Monroe Ave Red Bluff, CA 96080.

DISCERNMENT RETREAT FOR YOUNG ADULT

WOMEN: The Religious of the Virgin Mary (RVM) sisters, invite young women who may be discerning their vocation to religious life to an online Discernment

Retreat on January 15-17 and February 19 - 21, 2021. For more information, you may send an email to

rvmaryvocation@gmail.com or you may register at:

https://docs.google.com/forms/d/e/1FAIpQLSfjWFK6X82eBjPw12ccgCITLEp55PiYSlvzz8l0XN006o9J0w/viewform?usp=sf_link

Pregnant? Need Help?

Call LifeNet Pregnancy Center

(530) 727-9888 or

Gabriel Project (800) 910-0191

ANUNCIOS PARA EL 28/29 De Noviembre

CFE

Durante el mes de diciembre no habrá clases de inglés y español. En enero, las clases se reanudarán alternando inglés y español los miércoles durante todo el año.

Advent 2020

CALENDAR

Daily At-Home Advent Activities for Families

NOVEMBER DECEMBER

SUN 29

Prepare an Advent wreath: three purple candles, one pink candle, and some evergreens. Place all on a tray or large plate. The candles can symbolize hope, faith, joy, and love or peace. Light the first purple candle and pray to God about the things you hope for.

MON 30

Make a nativity scene with household materials. Paint paper tubes to make the Holy Family. Use bits of fabric to make clothes. Use a shoebox to make the barn and a small box for the manger. Wait for Christmas Day to put Jesus in the manger.

TUE 1

People hoped and waited for so long for Jesus to come and bring light to the world! Share stories about the ways parents prepared and how they felt as they waited for their children to be born. Older siblings can share stories of waiting for younger siblings. Look through the first photographs taken of your children. Pray about your hopes for your family.

WED 2

The Christmas story begins with one small family set to change the world. On yellow strips of paper, write ways that your family can help bring light and hope to your community during Advent. Keep the papers in a jar. As you complete these actions, place them in the nativity scene you made to act as hay.

THUR 3

Mary and Joseph were immigrants traveling far from their home when Jesus was born. Try sleeping in a different place in your house tonight. Swap beds with a sibling or sleep in a sleeping bag on the floor. Thank God for the comforts of your home.

FRI 4

Make Christmas cookies and share them together. Thank God for the gifts of food and family.

SAT 5

On Christmas Day, children may receive new gifts and new toys. Go through the toys you have and donate ones that you have outgrown to a local charity.



Advent 2020

CALENDAR

Daily At-Home Advent Activities for Families

DECEMBER

SUN 6

Feast of Saint Nicholas

Listen to a story about the legendary gift giver. Make or buy a small, thoughtful gift for someone you know. Light the second purple Advent candle. Pray to God to be faithful even when it is difficult.

MON 7

Sing Christmas hymns together.

TUE 8

Feast of the Immaculate Conception

Honor Mary, Mother of God by praying the Hail Mary today. Mary is Jesus' mother. Take special care of your mother or a mother figure in your life today.

WED 9

Feast of Saint Juan Diego

Juan Diego lived in Mexico, and Mary appeared to him. Read the story of Our Lady of Guadalupe. Eat a Mexican meal today and pray the Hail Mary before your meal in honor of Saint Juan Diego's devotion to Mary.

THUR 10

During Advent, we prepare to celebrate the birth of Jesus. Donate baby supplies to a local charity.

FRI 11

Choose family prayer partners. Print each family member's name on an index card; decorate it; fold it in half and place in a basket. Pass the basket around and have each family member pick a name. Pray for that person during Advent.

SAT 12

Feast of Our Lady of Guadalupe

Mary made flowers appear as proof of her apparition. Send real flowers or a drawn bouquet to someone you know.



Advent 2020

CALENDAR

Daily At-Home Advent Activities for Families

DECEMBER

SUN 13

Gaudete Sunday

Light the pink Advent candle. This candle is a symbol of joy because we are at the midpoint of Advent. Pray about things that make you joyful and the ways you bring joy to others. Today at Mass, notice that the priest will be wearing pink vestments!

MON 14

Read Matthew 2:1-12 as a family and learn about the Magi who followed the star to find Jesus after his birth. Go outside with your family tonight and do some stargazing. Pray about the beautiful world that God has created for us.

TUE 15

Gather together for a meal and begin with a blessing. Make a plan to donate a meal to a person or family in need in your community.

WED 16

Gather as a family around the Christmas tree or the Advent wreath and pray a prayer of blessing.

THUR 17

O Wisdom of our God Most High!
Today begins the O Antiphons. These are special prayers as the birth of Jesus draws closer. Pray to God about areas of your life where you need the gift of wisdom to grow.

FRI 18

O Leader of the House of Israel!
Pray for help to follow Jesus' leadership. Demonstrate good leadership to younger classmates and siblings.

SAT 19

O Root of Jesse's Stem!
Jesse and King David were Jesus' ancestors. Send Christmas cards to family and friends.



Advent 2020

CALENDAR

Daily At-Home Advent Activities for Families

DECEMBER

SUN 20

O Key of David!

Jesus opens doors that seem difficult to open. Pray about ways to overcome things that may be difficult for you. Light the fourth Advent candle. Consider ways you can bring peace and love to others.

MON 21

O Radiant Dawn!

Jesus is our light! Shut off the house lights and all electronics after dinner and enjoy the light of the Christmas tree together as a family.

TUE 22

O King of All Nations!

Jesus is the king who unites us all. Read about how other countries and cultures celebrate the traditions of Christmas. Consider adopting one of these new traditions in your family.

WED 23

O Emmanuel!

We believe that Jesus is with us always. Call or visit someone who could use your company today.

THUR 24

Come, Lord Jesus, Come! Read the nativity story in the Bible together as a family.

FRI 25

Christmas

Christ is Born! Let us rejoice! Thank God for the greatest gift, the gift of his only Son! Put the figurine of the baby Jesus you made for the nativity scene in the manger.

Additional seasonal resources for families:

www.SadlierReligion.com/Resources

www.SadlierReligionBlog.com



CALENDARIO DE Adviento 2020

Actividades diarias de Adviento para las familias en la casa

NOVIEMBRE Y DICIEMBRE

DOMINGO 29

Preparen una corona de Adviento: tres velas púrpuras, una vela rosada y algunas plantas de hoja perenne. Coloquen todo en una bandeja o plato grande. Las velas pueden simbolizar esperanza, fe, alegría y amor o paz. Enciendan la primera vela púrpura y recen a Dios por las cosas que desean.

LUNES 30

Hagan una representación de la Natividad con materiales para el hogar. Pinten tubos de papel para hacer la Sagrada Familia. Usen retazos de tela para hacer las ropas. Usen una caja de zapatos para hacer el establo y una pequeña caja para el pesebre. Esperen el día de Navidad para poner a Jesús en el pesebre.

MARTES 1

¡Las personas esperaron por mucho tiempo a que Jesús venga y traiga luz al mundo! Compartan historias sobre las formas en las que los padres se prepararon y cómo se sintieron mientras esperaban que nacieran sus hijos. Los hermanos mayores pueden compartir historias mientras esperaban a sus hermanos menores. Observen las primeras fotografías de sus hijos. Oren por las esperanzas para sus familias.

MIÉRCOLES 2

La historia de Navidad comienza con una pequeña familia preparada para cambiar el mundo. En tiras de papel amarillo, escriban las formas en las que su familia puede ayudar a traer luz y esperanza a su comunidad durante el Adviento. Guarden los papeles en un frasco. A medida que completen estas acciones, colóquenlas en la representación de la Natividad para que sean el heno.

JUEVES 3

María y José eran inmigrantes que viajaban lejos de su hogar cuando Jesús nació. Esta noche, traten de dormir en un lugar diferente en su casa. Cambien de cama entre los hermanos o duerman en un saco de dormir en el piso. Agradezcan a Dios por las comodidades de su hogar.

VIERNES 4

Preparen galletitas navideñas y compártanlas. Agradezcan a Dios por los regalos de la comida y la familia.

SÁBADO 5

El día de Navidad, los niños pueden recibir regalos y juguetes nuevos. Revisen los juguetes que tienen y donen los que puedan a una organización benéfica local.



CALENDARIO DE Adviento 2020

Actividades diarias de Adviento para las familias en la casa

DICIEMBRE

DOMINGO 6

Festividad de San Nicolás

Escuchen una historia sobre el legendario dador de regalos. Hagan o compren un regalo pequeño y considerado para alguien que conozcan. Enciendan la segunda vela de Adviento púrpura. Oren a Dios para ser fieles, incluso cuando sea difícil.

LUNES 7

Canten juntos himnos navideños.

MARTES 8

Festividad de la Inmaculada Concepción

Honren a María, Madre de Dios, al rezar el Avemaría. María es la madre de Jesús. Cuiden especialmente a su madre o a una figura materna en su vida hoy.

MIÉRCOLES 9

Festividad de San Juan Diego

Juan Diego vivió en México, y María se le apareció. Lean la historia de Nuestra Señora de Guadalupe. Coman una comida mexicana hoy y recen el Avemaría antes de la comida en honor a la devoción de san Juan Diego por María.

JUEVES 10

Durante el Adviento, nos preparamos para celebrar el nacimiento de Jesús. Donen suministros para bebés a una organización benéfica local.

VIERNES 11

Elijan compañeros familiares de oración. Escriban el nombre de cada miembro de la familia en una ficha; decórenla; dóblenla por la mitad y colóquenla en una canasta y hagan que cada miembro de la familia elija un nombre. Oren por esa persona durante el Adviento.

SÁBADO 12

Festividad de Nuestra Señora de Guadalupe

María hizo aparecer flores como prueba de su aparición. Envíen flores reales o un dibujo alusivo a alguien que conozcan.



CALENDARIO DE Adviento 2020

Actividades diarias de Adviento para las familias en la casa

DICIEMBRE

DOMINGO 13

Domingo de Gaudete

Enciendan la vela rosada de Adviento. Esta vela es un símbolo de alegría porque estamos en el punto medio del Adviento. Oren por las cosas que les alegran y las formas en las que alegran a los demás.

LUNES 14

Lean Mateo 2:1-12 con la familia e infórmense sobre los Magos que siguieron la estrella para encontrar a Jesús después de su nacimiento. Salgan con la familia esta noche y observen las estrellas. Oren por el hermoso mundo que Dios ha creado para nosotros.

MARTES 15

Reúnanse para comer y comiencen con una bendición. Hagan un plan para donar comida a una persona o familia necesitada en su comunidad.

MIÉRCOLES 16

Reúnanse en familia alrededor del árbol de Navidad o la corona de Adviento y recen una oración de bendición.

JUEVES 17

¡Oh, sabiduría de nuestro Dios Altísimo!
Hoy comienzan las antífonas de Adviento. Estas son oraciones especiales a medida que se acerca el nacimiento de Jesús. Oren a Dios por las áreas de sus vidas donde necesitan el don de la sabiduría para crecer.

VIERNES 18

¡Oh, líder de la casa de Israel!
Oren por una ayuda para seguir el liderazgo de Jesús. Demuestren buen liderazgo a sus compañeros y hermanos más jóvenes.

SÁBADO 19

Oh, raíz del tallo de Isaí!
Isaí y el Rey David fueron antepasados de Jesús. Envíen tarjetas de Navidad a familiares y amigos.



CALENDARIO DE Adviento 2020

Actividades diarias de Adviento para las familias en la casa

DICIEMBRE

DOMINGO 20

¡Oh, llave de David!

Jesús abre las puertas que parecen difíciles de abrir. Oren por las formas de superar las cosas que podrían ser difíciles para ustedes. Enciendan la cuarta vela de Adviento. Consideren formas en las que puedan llevar paz y amor a los demás.

LUNES 21

¡Oh, radiante amanecer!

¡Jesús es nuestra luz! Apaguen las luces de la casa y todos los dispositivos electrónicos después de la cena y disfruten juntos de la luz del árbol de Navidad en familia.

MARTES 22

¡Oh, rey de todas las naciones!

Jesús es el rey que nos une a todos. Lean acerca de cómo otros países y otras culturas celebran las tradiciones de la Navidad. Consideren adoptar alguna de estas nuevas tradiciones en su familia.

MIÉRCOLES 23

¡Oh, Emmanuel!

Creemos que Jesús está con nosotros siempre. Llamen a alguien a quien podrían ofrecer su compañía hoy.

JUEVES 24

¡Ven, Señor Jesús, ven! Lean la historia de la Natividad en la Biblia junto a toda la familia.

VIERNES 25

Navidad

¡Cristo ha nacido! ¡Alegrémonos!
¡Agradezcan a Dios por el mejor regalo, el regalo de su único Hijo!
Coloquen la estatuilla del niño Jesús, que hicieron para la representación de la Natividad, en el pesebre.

Recursos adicionales para las familias:

www.sadlier.com/religion/recursos

www.sadlier.com/religion/blog-de-sadlier-religion

